

HEALTHY  
A HEALTHY LEADER  
LEADER

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## STAYING CONNECTED WITH GOD

How are you consistently connecting with God?

Is your love for God and people increasing?

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## **PRACTICING SPIRITUAL DISCIPLINES**

Are you regularly engaged in solitude, prayer, reflection and reading scripture?

How would you rate yourself physically, emotionally and spiritually?

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## **SPENDING TIME WITH SPIRITUAL PEERS**

Who are your unguarded and safe friends?

Do you have regular “life-giving” appointments  
on your calendar?

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## **AWARE OF THE WARNING SIGNS OF UNHEALTHY LEADERSHIP**

How am I feeling about my group?  
(excited, drained)

Are you able to recalibrate/make changes as  
you lead?

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## ASKING THE HARD QUESTIONS ABOUT BIBLICAL AUTHORITY

Are my interior issues undermining my leadership?

Are all areas of my life submitted to Christ?

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## ENCOURAGING GROUP PARTICIPATION BY “GIVING AWAY” AS MUCH OF THE GROUP AS POSSIBLE

Are you sharing group responsibilities?

Do you have a co-leader or apprentice, a “go to” person in your group?

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LEAVING MARGIN IN  
YOUR LIFE TO DEAL WITH  
THE THINGS ONLY A  
LEADER CAN

Is your current pace sustainable?

Can you absorb “interruptions” to your schedule  
for your group?



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## HAVING A REALISTIC VISION FOR GROUP

Do you realize that community can be messy and/or hard?

Do you embrace life-change happening best in the context of community?