



BREAKING THE ICE

What is the best news you've heard this week?

Who is your number one advisor in life and why?

MAIN CONTENT

Over the last few weeks, we've been talking about words that we're trying to redefine the meaning of. We've talked about repentance, salvation and sanctification and how those words are vital as we continue in our relationship to follow Jesus in our lives.

1. Which of these words: repentance, salvation or sanctification has taken on a new meaning in your life in the last few weeks? How do you look at this word differently?
2. What are you drawing closer to right now in your life? (ex. friends, social media, God)

This week Pastor Drew redefined the word "discipline." Discipline can tend to bring a structure or rhythm of routine to our life.

3. What is the most disciplined thing you do? How does that discipline help structure your life?

Usually, things that we are passionate about help bring discipline to our lives. Chip Dodd, a counselor in Nashville, says "Passion is willingness to be in pain for something that's greater than pain."

When we spend time on the passionate things we love, we will end up falling in love with the time we spend doing those things.

4. What are you most passionate about in your life right now?

MAIN CONTENT

We live in a world that tells us to create, conquer, control, work hard and to succeed. Being successful and working hard isn't bad in itself, but when we put our self-made success above the things God wants to do alongside us, our ego gets fed and we lose focus on doing life with Him.

5. How do you balance working hard and being in a relationship with God to help you in your journey to do life well?

“When you put first things first, second things are not diminished” - Pastor Drew Powell.

When we put God first in our lives, creating rhythms (disciplines) of spending time with Him, He will not diminish what is going on in your life.

Rhythms with God can look like prayer (keeping company with God), journaling, reading your Bible, worship and fasting. We don't create these rhythms because we have to. That would be legalistic. We create these rhythms because they keep us connected to God.

6. What are some set rhythms (disciplines) with God you have in your life?

Read Matthew 11:28-30

God doesn't force us to have rhythms with Him, He invites us into His presence and spending time with Him. The more time we spend with Him the more passion we will have in our relationship with Him.

7. What is one rhythm (discipline) with God you would like to incorporate in your life right now? What do you think that looks like in your life?

Starting next week, we have the opportunity to set some new rhythms with God during “Awaken.” In the month of February, you are invited to join with hundreds of churches in Nashville to pray for people in our communities. Along with prayer you can fast (letting go of something in the physical like food, social media, Netflix), to pray for something you want God to take hold of in your life. For more information go to <http://awakennashville.com/>

PRAYER

God, thank you for the opportunity to create rhythms with you in our lives. Will you help us build in new opportunities to spend time with you, reconnecting us to you, our source? Will you help our passion for you to grow and our passion to spend time with you to expand? Show us where we can take part in Awaken Nashville with you. In Jesus' name, Amen.

ACTION STEP

This week pray and ask God where He would have you engage in new rhythms (disciplines) to spend time with Him.

Ask Him how you can engage with Him in new ways during "Awaken."