

LIFE APP

Gratitude—Letting others know you see how they've helped you

BOTTOM LINE

Adjust your attitude.

BASIC TRUTH

I can trust God no matter what.

BIBLE STORY FOCUS

The Story of the Worker in the Vineyard
Matthew 20:1-15

MEMORY VERSE

Give thanks to the Lord, because he is good. His faithful love continues forever.
Psalm 136:1, NIV

ACTIVITY: JUST IMAGINE

WHAT YOU NEED

No supplies needed

WHAT YOU DO

Sit across from your child and tell them you're going to play a game together. Say, "We're both going to close our eyes and use our imaginations. Let's both imagine a cat. Then, we'll go back and forth and add a detail to the picture, using just our minds." You may have to prompt your child by asking questions like:

- Where is the cat?
- Is the cat sitting or standing?
- What color is the cat?
- What color is the cat's collar?
- What's the cat doing?
- Does the cat have anything on?

Go back and forth with your eyes closed, creating a picture with your imaginations.

Once you're finished, choose another animal to imagine. If there's time, go through the same line of questions.

TALK ABOUT THE BIBLE STORY

It's amazing how creative and powerful our minds can be! We can also choose to change our minds—and our attitudes—when we're feeling ungrateful. With God's help, we can choose to have a thankful attitude instead. How could the workers in today's story have used the power of their minds in their situation? (They could have adjusted their perspective and their attitudes; chosen to look at what they DID have instead of what others had)

What words best describe someone who is full of gratitude? (Happy, peaceful, content, easy)

When the pandemic started this year, what could you still be grateful for—even though so many things were different?

What is a type of attitude that can get in the way of gratitude? (Selfishness, impatience, pessimism)

What should we focus on when we feel ungrateful?

Parent: Talk about your attitude during the pandemic. Talk about the times when it's been hard. Then, talk about the ways you tried to make the best of a bad situation.

PRAYER

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

“Dear God, we trust that You are generous and kind, even when we go through something that is hard. God, help us remember all that we DO have. When we feel like things aren't fair, help us adjust our attitude and choose to be grateful to You. Amen!”