



BREAKING THE ICE

If you had to choose a workout, would you choose a strength workout or a cardio workout? Why?

What's the easiest way for you to love God - with all your heart, mind, soul or strength? Why?

MAIN CONTENT

Over the last few weeks, Pastor Kevin has talked about loving God with all your heart, mind, soul and strength. This week, Pastor Kevin focused on loving God with all your strength.

In Hebrew, “strength” means “muchness.” “Muchness” means “everything.”

1. How do you love God with all your strength?

If we want to love God with all our strength, we need to know that everything we have comes from Him. Many people have helped you become the person you are today - they've encouraged you, prayed for you, helped you and loved you. These people are blessings in our lives. We should be thankful to God for all the help and “muchness” that we have been given.

2. How do you express your thankfulness for the things you have been given and for the “muchness” in your life?

If everything we have belongs to God, we need to give Him thanks and praise for it. This is one way we can love God with all our strength.

In Romans 1:21, Paul speaks to thanking God, “For although they knew God, they neither glorified Him as God nor gave thanks to Him, but their thinking became futile and their foolish hearts were darkened.”

3. Do you tell God what you are thankful for? How often do you tell Him? What does that look like for you?

4. How does thankfulness change your attitude in life?

The second way we love God with all our strength is by using our gifts for His glory. Before you do anything - start a meeting, have a conversation, start your day - you can ask God to help you. The gifts He has uniquely given to you are part of the “muchness” in your life. God entrusts us with His resources and then holds us accountable to what we do with them.

5. How do you use your gifts for God’s glory?

The last way we love God with all our strength is by being generous with what we have. Being generous means investing what we have in what God cares about. What does God care about? He cares about people, His glory and people knowing Him.

6. How much money would you have to make each year to be generous?

Generosity is not about your income, it’s about your heart. Pastor Kevin said, “Generosity includes money, but it’s so much more than that. It’s all our muchness, it’s being generous with our time and our words, our encouragement and our hospitality. It’s being generous with our help and our wisdom, and the way we go out of our way to serve and love people.”

7. How do you show generosity in your life?

Sometimes we can live a scarcity mindset and forget that we have a God who wants to care for us. He wants to bless us so we can be a blessing to others. When we use all of the things He’s blessed us with to help others, we are loving God with all our strength.

CLOSING PRAYER

Thank You, God, for all the things You have blessed me with. Everything I have belongs to You. Help me use my gifts for Your glory. Change my heart to be more generous and help others out of the abundance You have given me. In Jesus’ name, Amen.

ACTION STEP

- + If you don’t practice thankfulness and gratitude, start this week. Every day, write down five things you are thankful for.
- + Ask God how you can use your gifts to help others.
- + Practice generosity this week. Use your time, talents and resources to bless others. Write down how you practice generosity.