

LIFE APP

Confidence:
learning to see yourself
the way God sees you

BOTTOM LINE

God loves you no matter what.

KEY QUESTION

What are some things that are
true about God?

BIBLE STORY FOCUS

Nothing Can Separate Us
from God
Romans 8:38-39

MEMORY VERSE

“Being confident of this, that he who
began a good work in you will carry
it on to completion until the day of
Christ Jesus.”
Philippians 1:6, NIV

ACTIVITY: EMOJI-TIONS**What You Need:**

Phone, tablet, or other device with an emoji keyboard; and a Bible (or Bible app)

What You Do

Give your child a device that has an emoji keyboard, and have them open the notes app (or another app they can type in).

Say, “Look through the emojis, and type at least 10 of them that represent the emotions you’ve felt over the last week.”

Give your child time to type 10 (or more) emojis. Then choose three or four of them and ask your child to describe when they’ve felt those emotions.

Say, “You know what? We may feel a lot of different emotions on any given day. But no matter how we might feel, we can have confidence in knowing that God loves us. He loves us, He’s for us, and He’s with us. It’s like Paul wrote in his letter to the Romans.”

Read Romans 8:38-39 out loud.

Say, “Now, I want you to type three emojis that represent what it looks like to feel confident in God and His love.”

Let your child type a few emojis that represent how God’s love makes them feel.

TALK ABOUT THE BIBLE STORY:

How has God shown you that He will never leave you?

How does the promise of God's constant love give us confidence?

If nothing can separate us from God's love, why do we sometimes feel alone and far from Him?

When you feel separated from God, what helps you most? (*Praying, reading the Bible, talking about Him, listening to worship music, walking in nature, creating art, etc.*)

Share about a time when you felt far away from God's love. What did you do? How did you overcome how you felt and believe that God loves you no matter what?

PRAYER

“God, thank You for loving us no matter what. You love each of us so much that You sent Jesus to rescue us! We are thankful that absolutely nothing can separate us from Your love. Help us grow in our relationship with You every day. Help us see ourselves the way You see us, so we can have the confidence to live our lives the way You want us to. We love You, and we pray these things in Jesus' name. Amen.”