



## BREAKING THE ICE

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Would you rather walk or run when it comes to exercise? Why?

How did you use your talent, skills and purpose for God last week?

## MAIN CONTENT

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This week Pastor Kevin finished up the “Ache for Eden” series as he talked about aching for peace.

We all ache for peace in our lives. And when we are walking with God, He brings us the peace we ache for.

1. What does walking with God look like to you?

In the beginning of creation, Adam and Eve walked with God. There's a difference between walking with God and asking God to walk with you. When you are walking with God you are following Him. He is making the decisions and taking you on the path that He leads, you don't lead Him.

2. Would you say you are walking with God right now or is He walking with you? Explain.

When we are walking with God we have oneness with Him. Through that oneness, peace comes. Adam and Eve were both created to walk with God. They had no shame and felt close to Him. (Genesis 2:25)

When Adam and Eve sinned they immediately felt shame. That shame sent them into hiding. (Genesis 3:8)

SIN -----> SHAME -----> HIDING

3. Have you ever felt shame as a result of doing something? How did you move through that shame?

The more we hide, the more we wear ourselves out. God knows everything, we really can't hide from Him.

In fact, God wants to know why we are hiding and where our hearts are with Him.

4. What have you been trying to hide from God and others? How is that affecting your life?

God wants us to give everything and everyone to Him. To quit trying to be someone else and admit we are lost and we need Him. God wants us to be with Him, to ache for moments and relationship with Him.

The first sacrifice ever made was when God made clothes (from animal skins) for Adam and Eve. He did this because He longed to have relationship with them.

5. How have you felt God calling you to relationship with Him?

The more we walk with God the more direction and pace he sets for our lives. He takes the guilt, shame and hiding and gives us freedom with Him.

6. How have you felt your life change through the peace God has given you by walking with Him?

When we chose to put our faith in Jesus as the sacrifice for our sins we walk out salvation. When we choose to make our decision to follow Jesus public we get baptized. After those two things we get to walk our lives with God every single day. We choose to obey what He asks us to do and repent when we don't get it right.

7. What does following Jesus and walking with Him everyday look like in your life?

The good news is, God's kindness never runs out. We are never more than a prayer away from returning back to Him. He will lovingly accept us every time.

God reminds us that we no longer have to offer sacrifices to Him for our sins. Jesus died on the cross for the ultimate sacrifice. As a reminder of that sacrifice, we can partake in communion. If you would like to partake in communion with your group check out [this resource](#) for some ideas.

## CLOSING PRAYER

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God thank you for loving us. Your desire is for us to be in a relationship with you as we walk with you. Will you please show us whatever is in the way of us fully walking and being devoted to you. Will you help us make the right choices and remove the things in our lives that keep us from walking with you. Will you place people in our lives to help us see those things as well. In Jesus name, Amen.

## ACTION STEP

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- + If you haven't made the choice to follow Jesus, we encourage you to talk to someone about that this week.
- + If you have chosen to follow Jesus but haven't been baptized we want to invite you to get baptized at your local Cross Point campus on October 3rd. For more information click [HERE](#).
- + Take an extra few minutes each day this week to sit with God and ask Him where in your life you are not walking with Him. Ask Him to show you what keeps you from walking closely with Him. Talk to another group member about that and keep each other accountable this week to pray for one another and share what God is showing you.