

Use this guide to help your family learn what God has to say about individuality.



First, watch  
this week's  
video!

**Individuality:  
Discovering  
who you're  
meant to be so  
you can make  
a difference**

### Memory Verse

How you made me is amazing and wonderful. I praise you for that. What you have done is wonderful. I know that very well.  
Psalm 139:14, NIV

### Bible Story

Timothy  
1 Timothy 4:12  
(supporting: Acts 14-17; 1 Timothy 4:14; 1 Corinthians 4:17; 16:10)

### Bottom Line

You can make a difference right now.

## Activity

### Can or Can't?

#### What You Need:

Towel

#### What You Do:

Roll a towel into a skinny line. Have your child stand at the end of the towel. Choose one side to be the "Yes, I can side." Choose the other side to be the "No, I can't" side. Read out the following list of situations and have your child jump from side to side, indicating whether or not it's a task they can do at their current age.

- ride a bike
- drive a car
- tie your shoes
- have a tablet
- have a phone
- order a kid's meal at a restaurant
- order from the adult menu at a restaurant
- stay up later on weekends
- stay up as late as you want, whenever you want
- pack your own lunch
- have candy without asking an adult
- stay home alone for an hour
- stay home alone overnight
- ride your bike to a friend's house
- go to school
- get a job



## Talk About the Bible Story

What were Timothy's gifts and how did he use them? (*Speaking, teaching, encouraging others; he helped others know who Jesus is*)

You may not be able to do all the things you want to do right now. But there are some things you can do to help others. What are some ways that you can help others right now?

How can you make a difference at home? (*Not fighting with siblings, helping with chores, helping younger siblings with homework, drawing pictures or making something for someone who's stressed*)

How can you make a difference at school? (*Don't join the class in bad behavior when the teacher steps out, help others with hard work, be patient and kind, don't hog the ball at gym or recess, use encouraging words, etc.*)

Make a list of a few ways your child can help at school and home this week.

## Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, thank You for making us with our own individuality and our own special gifts. Thank You for giving us opportunities to love and serve others, even when we're young. Please show us the ways we can make a difference this week. We love You, and we pray these things in Jesus' name. Amen."