



**CROSS POINT
COLLEGE**

GROUPS

November 2021

Week 3



SIMPLICITY

Matthew 6:19-21

¹⁹ "Do not store up for yourselves treasures on earth, where moths and vermin destroy, and where thieves break in and steal. ²⁰ But store up for yourselves treasures in heaven, where moths and vermin do not destroy, and where thieves do not break in and steal. ²¹ For where your treasure is, there your heart will be also."

We see here in this scripture that Jesus teaches not to be greedy for stuff and accumulation, but rather to live simply storing up our treasures, the things we value, in heaven. This doesn't mean that you have to try to pursue a life of poverty, but that excess should not be our treasure. Our treasures are heavenly things, like prayer and the testimony of Jesus, our discovery of God, our families and relationships, to name a few.

QUESTIONS

What comes to mind when you think of simplicity?

Have you ever had a time when you wanted more of something and it ended up being a bad thing?

Simplicity seems to have many antonyms, two of which are excess and complication. Are there some things that you feel over complicate your life that you could let go of?

Are there any things in your life that you feel you have too much excess of? These don't have to be but can be material things.

What would change if the over complicated things and excessive things were addressed in your life?

LET'S MAKE A PLAN

Make a plan this week to seek some changes for simplicity. If you need some help, here are some ideas:

- Make a donation of excess clothes to Goodwill.
- Say no to some things to limit an overly busy schedule.
- Say yes to some things to limit an overly isolated schedule.
- Talk to a friend and pray through some of the emotionally complicated issues in your life.