



**CROSS POINT
COLLEGE**

GROUPS

March 2022

Week 2



CONFESSION

1 John 1:8 - 9 "If we claim we have no sin, we are only fooling ourselves and not living the truth. But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all our wickedness"

Confession can be so intimidating, but holding in our sin gives the enemy a pathway to lie to us. Confessing our sins gives God the opportunity to forgive and release us. Every time we confess sin in our life, God promises to forgive us and He gently reminds us that He has already paid the price for our sins. Death and darkness cannot win!!

QUESTIONS

1. How would you define sin? What do you think of when you hear the word "Confession"
2. There is no shame around confession with God. Have you been intimidated to "confess" sin in the past? After today's message, has your thought process changed?
3. Confession is personal and deeply vulnerable. How can you encourage one another to not be afraid of this practice?

LET'S MAKE A PLAN

Hold yourself and one friend to have regular moments of confession with God this week. Allow yourself to feel and accept His forgiveness.

REMINDERS

Confession isn't meant to be shameful. If you have someone in your life you have shared your sins with and they have met you with shame, that is not of God. There is no shame in God.