



## BREAKING THE ICE

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Who has had an impactful mothering voice in your life?

What is something that has been eye-opening and shifted your perspective in this series of “Made New”?

## MAIN CONTENT

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The last few weeks of this “Made New” series, we’ve talked about what it means to have a new story and new identity. This week, we talked about having a new perspective.

Perspective is how we see people, situations, circumstances and things. It’s also how we perceive frustrations and tough things in our lives.

1. Whose perspective on life has been influential for you and why?

Things can be going great in our lives and we can still lose our perspective. When we become overwhelmed, we lose our perspective. But there are things we can do to change our perspective. We can change where we stand (look past our situation), change what we say and change the conversation to help shift our perspective.

2. Describe a time where you had a perspective shift in the midst of a difficult time. What happened? Did someone help change your perspective? If so, who?

When we can get past our troubles and shift our perspective to God, we can remember the peace He brings into our lives. There are two types of perspective: the heavenly perspective and the worldly perspective.

3. What kind of perspective do you tend to have in life?

When we pray, seek God and ask Him to give us a heavenly perspective, we see things like He sees them. We have to practice keeping a Godly perspective. Rea talked about a few practices in her life to keep a Godly perspective: prayer, worship, talking to trusted friends and reading God’s word.

4. What are some practices you have in your life to keep you in a heavenly perspective?

Kevin and Rea talked about perspective under pressure, a future-focused perspective. A perspective where we have to think forward rather than in the present moment, knowing that on the other side of the hard things, things will get better... this too shall pass.

5. Describe a time where you had to practice future-focused perspective. How was that helpful for your state of frustration?

Read Lamentations 3:22-23

6. Kevin and Rea talked about what this verse means to them. How can you utilize this scripture to renew your mind and perspective momentarily, daily, weekly and so on?

Kevin and Rea finished the message talking about the importance of reciting and praying scripture. When we read scripture over our lives, children's lives or even people we love's lives, we are shifting our perspective to a heavenly one. We are claiming God's goodness, mercy and love over us.

7. What scripture have you used in your life to help change your perspective?

## CLOSING PRAYER

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God, help us have a fresh heavenly perspective of what You have for us. Help us not look to the world to give us the right answers but to You. Surround us with others who have a heavenly perspective that can speak life and Your purpose into our lives. Help us set practices that remind us of who we live for and what You have for us. Amen.

## ACTION STEP

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+Take note this week of how you respond to situations. Do you have an earthly perspective or a heavenly perspective?

+ What are some practices you can incorporate into your life that give you a new, heavenly perspective?