



Lebanon

Where we work:

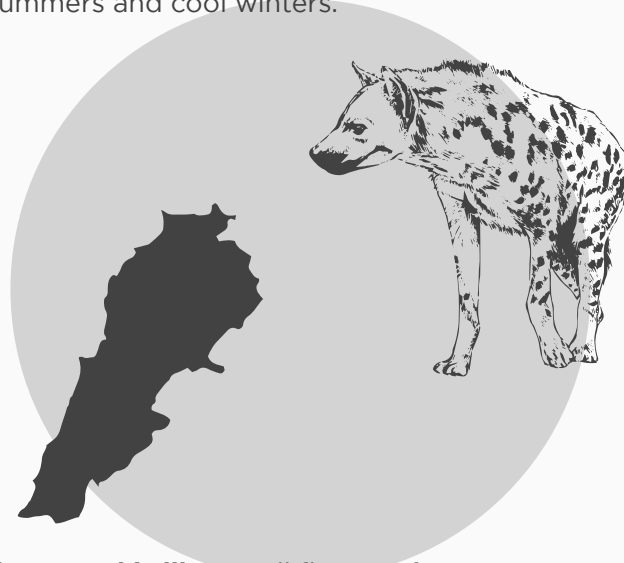
Beirut, the Bekaa Valley in the middle of the country, and Sidon in the South.

Who we work with:

Heart for Lebanon, an organization with the goal of leading people from despair to hope while introducing them to a relationship with Christ. HFL primarily works among people who are refugees from Syria.

What we will be doing: We'll be diving into all the ministries that Heart for Lebanon has to offer. This will include home visits with refugees in the Bekaa and South, participating in the Hope on Wheels kids program and attending a worship gathering – all with the goal of learning about the refugee crisis and participating in relief efforts.

What the country is like: Lebanon is a friendly country whose history goes far back to Biblical times. Modern day Lebanon is filled with challenges and crises. The Syrian Civil War started in 2011, displacing about 2 million refugees into Lebanon, where they live at a 90% poverty rate. In 2019, protests dominated the city of Beirut over worsening economic conditions, rapid inflation and government corruption. In 2020, the COVID-19 pandemic only made these economic conditions worse. In August 2020, a massive explosion hit the port of Beirut, causing millions of dollars worth of damage and leaving thousands of families homeless. Political turmoil continues to this day. Lebanese people are among the warmest and most hospitable people you will ever meet. Weather in Lebanon generally follows what we experience in Nashville – hot summers and cool winters.



What travel is like: We'll fly out of BNA on a Saturday, connect somewhere in the U.S. like NYC (two hour flight), then to somewhere in Europe like Paris (eight hour flight), then to Beirut (BEY) on Sunday afternoon (five hour flight). All in all, you'll have about 18-20 hours of travel.

Sample Itinerary

Saturday: Depart BNA

Sunday: Arrive BEY in the afternoon, head to Bekaa, dinner with Heart for Lebanon Leadership

Monday: Home visits in Bekaa, tour of Hope Ministry Center, food distribution

Tuesday: Food packing, home visits, attend Kurdish worship gathering

Wednesday: Tourist day! Experience all that Lebanon has to offer

Thursday: Head to the south, home visits, hear staff testimonies, bible study

Friday: Continue in the south, meet with leaders, bible study, home visits

Saturday: Depart BEY, arrive back to BNA in the evening

Trip Stats:



Fitness Level:
4/10 – short amount of walking, heavy lifting required



Language:
Arabic



Price:
Approx. \$2000



Family-friendly:
No, Age minimum 18



Accommodations:
We'll stay in nice hotels or a guesthouse at the ministry center with air conditioning, wifi and hot water.



Food:
We'll eat Lebanese cuisine including beef, lamb, chicken, pita, hummus, fresh vegetables and more.