KENYA

KAHURIA, A RURAL VILLAGE ABOUT TWO HOURS NORTHWEST OF NAIROBI

PARTNER: 410 BRIDGE

A community development organization that focuses on holistic development in the areas of water, health, spirituality, economics and education.

WHAT THE COUNTRY IS LIKE:

Kenya is a quintessential East African country, with the Great Rift Valley running through the center and an abundance of wildlife. There are nine recognized tribes in Kenya, and tribal conflict has been common throughout Kenya's history. Kenya gained independence from Britain in 1952 and has been a democracy ever since. Many Kenyans can be shy, but friendly once they warm up. The weather is nice in Kahuria, expect 65-85° all year round. Since it's on the equator, the sun can be intense.



LANGUAGE Swahili, Kikuyu



PRICE ~\$3,300



FAMILY-FRIENDLY

Age minimum 12



FITNESS LEVEL

3/10 — Expect to be on your feet most of the day and playing games that involve running with kids. High altitude.



ACCOMODATIONS

We'll stay in a hotel, two to a room, with AC, WIFI and hot water.



FOOD

Meals will be eaten at the hotel and boxed meals for lunch. Food includes meats like chicken and fish, cooked vegetables, soup, bread and rice. You may eat local food in the community one or two days.

WHAT WE'LL BE DOING:

We'll spend time at the schools engaging in the children's ministry, meet with the leadership council to hear about the hopes and dreams of the community, visit people in need of prayer in their homes, spend a day in the life with a Kenyan family and help the community with any service projects needed.

WHAT TRAVEL IS LIKE:

We'll depart BNA and connect somewhere in the United States, usually New York or Atlanta, then take about an 8 hour flight into Nairobi (NBO). We'll arrive in the evening and spend the night at a local hotel before making the two hour drive up into the Naivasha region where we'll stay the rest of the week.

SAMPLE ITINERARY



THURS Depart BNA, travel day

FRI Travel day, arrive NBO evening. Travel to Heart Lodge or similar hotel

SAT Drive straight into Kahuria, welcome ceremony, meet with leadership council to hear history and vision for the community

SUN Church, possibly split into groups. Discipleship activity with church members

MON Community service project at local school, activities with school children in the afternoon

TUES Day in the life of a Kenyan family

WED Community service project at school continues, farewell ceremony

THURS Safari day in Abedare national park

FRI Morning game drive, head back to Nairobi, day rooms to change before late departure to airport

SAT Arrive back to BNA

