



AWAKEN

Week 1

BREAKING THE ICE

- What is something fun you are planning to do this week?
- What is your favorite part of your morning routine?

MAIN CONTENT

Pastor Kevin kicked off week one of our Awaken series with an overview of the book of Acts! In this series as we enter into a season of fasting and prayer, there's expectancy and nervous excitement. Pastor Kevin walked us through what it means to be restless in this message, because we as humans tend to be restless in a lot of areas of our life. We want change in our jobs, where we live, what we drive, etc on a regular basis. We are trying to fill our restlessness with worldly things when Jesus is the only thing that can quiet our restless hearts. C.S. Lewis said, "If I find in myself a desire which no experience in this world can satisfy, the most probable explanation is that I was made for another world."

1. What areas in your life do you feel restless?
2. How do we allow ourselves to let Jesus fill our restless hearts?
3. What do you normally do when you feel restless?

If we allow it, our restlessness can point us to God, because we were made for fullness! Fullness of life comes with walking with God. It is easy for us to forget this because of the sin that has formed a gap between us and God. Jesus was sent to fill this gap, so now we can live in the fullness that Jesus offers us.

"And they shall call his name Immanuel (which means, God with us)." - Matthew 1:23

The first three chapters of Acts give us a road map for moving from restlessness to fullness. There are three sections: the PROMISE, the PAYOFF and the PATH FORWARD.

Promise: In Acts One, Jesus promised us the Holy Spirit would come, if the disciples waited.

Payoff: The Holy Spirit came to the disciples in Acts Two.

Path Forward: Then in Acts Three it says they devoted themselves to the word, being together, filled with awe, praying for miracles, loving God, serving one another, sharing Jesus, to living generously and growing in faith. That's fullness.

4. What does it look like for you to have fullness of life?
5. How do you know when you are living in fullness?
6. What is something in your life that might be hindering you from experiencing this fullness?

CLOSING PRAYER

Lord Jesus, thank you that with you we can have fullness of life. Jesus, I pray you would quiet our restless hearts. Fill us with your Holy Spirit so that we may live in the freedom you have designed for us. As we enter this month of Awaken, I pray you will show us yourself in ways we have not seen before. We are looking forward to all you will do this month. We love you and we praise you, Lord Jesus! Amen.

ACTION STEP

- Pray if the Lord might be calling you to join us in a month of fasting from something you love for something you love more, namely God. If so, check out our resources [here](#).
- Use our newly released Cross Point Music song "[Awaken](#)" as part of your soundtrack for the Awaken season.
- God has been writing a greater global narrative that you could join by going on a Global Trip with us this year. To find out where we are going, and when, check out our global trips [here](#).