



# GROUPS

## Questions

This plan is designed as a template to help guide your Group through your meeting time, using a format that intentionally builds helpful rhythms for community and practice.

### **PRE-MEETING PRO TIPS:**

- If you're able, take notes while watching the sermon from Sunday. That will help you lead the Group more meaningfully later in the week!
- Consider starting your group time with a meal. Sharing a meal helps build trust and hospitality and creates an opportunity to serve one another if everyone pitches in! (Also, who doesn't love food!)
- Kick off the conversation with a couple of "icebreaker questions" to help people ease into sharing.

### **GROUP TIME FORMAT:**

We love the "Look back, look up, look forward" format. Essentially, this provides space to reflect on everyone's week, spend time praying and in Scripture, and then apply what you learned throughout the week.

## **LOOK BACK:**

- Care & Prayer
  - Share High's and Low's from your week
    - Ask: What are you thankful for and struggling with this week?
- Vision
  - Explain why your group meets and what the goal is.
- Remember last time...
  - Ask: What did we learn last time?
  - Ask: How did you apply it to your life? (Or why didn't you?)

## **LOOK UP:**

- Pray and invite the Holy Spirit to lead your Group during this time
- Recap very briefly what you learned from the sermon
  - What Scriptures were referenced?
    - Read through them as a group.
- 4 Questions to ask about the teaching and scripture...
  - What did you like about it?
  - What was challenging about it?
  - What did it reveal to us about ourselves?
  - What did it reveal to us about God?

## **LOOK FORWARD:**

- How will you live out what you learned this week?
- Is there anyone God is asking you to share what you've learned with this week?
- Take prayer requests from anyone in the Group willing to share and pray together.