



Use this guide to help your family learn how God can help us show compassion.

First, watch this week's video!

Compassion:
Caring enough to do something about someone else's need

Memory Verse

"The Lord has shown you what is good. He has told you what he requires of you. You must act with justice.

You must love to show mercy. And you must be humble as you live in the sight of your God."

Micah 6:8, NIRV

Bible Story

Jesus Feeds the Five Thousand
John 6:1-13

Bottom Line

Use what you have to help others.

Activity

Helpful Hands

What You Need:

Paper, pencil, scissors, cup

What You Do:

Write the following words on a piece of paper: hands, shoulders, head, ears, heart, feet, arms, legs, eyes, mouth.

Cut out each word, fold it up, and place all the slips of paper in the cup.

Say, "There are so many ways you can help others with what you have—even with your own body. Let's take turns drawing a slip of paper from this cup. You'll draw one, read the word, and think of a way to use that part to help others. Then I'll draw one and do the same."

After you've gone through most of the words in the cup, say, "You can use your hands, feet, and ears to help. You can use your mouth to say encouraging words. You can give hugs when someone is sad. You can use your feet to walk over and help a friend when they drop something. You can listen when someone wants to talk. There are SO many ways you can show compassion just with these (*hold out your hands*), these (*point to your feet*), and these (*tug on your ears*). This week, let's show compassion by using what we have to help others."

Talk About the Bible Story

Who needed compassion in our story today? (*The crowd of thousands of people*)

How did Jesus show compassion to the crowd? (*He fed them miraculously, using one boy's food.*)

Why do we sometimes think that we don't have what it takes to show compassion to others? (*We assume we need money or need to be older to help others, but that's not true.*)

Besides our examples today, what are some ways you can use *other* things you have to help others? How can you use your time? How can you use what you're good at?

Parent: Share about a time someone used what they had to help you. How did it make you feel?



Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, You are awesome, loving, and good. Help us use what we have to help other people. Show us how we can use our hands and feet, mouth, and ears . . . and how we can the time and skills You've given us. Help us share Your love and compassion with the way we treat others. In Jesus' name we pray, amen."