

# Summary

In this sermon, Pastor Kevin discusses the concept of "sending it" - taking action without hesitation - and connects it with living a life without regrets. He shares research from people over 95 years old who expressed three main regrets: not reflecting more on important life issues, not taking enough risks, and not investing in things that would outlive them. The pastor explains how Jesus sent out his disciples in pairs with minimal provisions as a trial run before the Great Commission, teaching them to depend on God rather than their own resources. He outlines Jesus' four instructions: pair up (don't go alone), travel light (declutter and depend on God), don't bounce (stay committed), and dust off (don't carry rejection). The sermon concludes with the pastor sharing his personal "send it" story of how God called him to Nashville's Crosspoint Church, emphasizing the importance of obedience to God's calling despite uncertainty, and celebrating baptism as the ultimate miracle of life transformation.

## Intro Prayer

Heavenly Father, as we gather to discuss Your word today, we ask that You would open our hearts and minds to receive what You have for us. Just as You sent Your disciples with purpose and direction, help us to recognize where You are sending us in our own lives. Give us the courage to "send it" when You call, to step out in faith rather than hesitate in fear. May our discussion today lead us to live lives without regret, focused on Your kingdom purposes. Guide our conversation and help us to apply these truths to our daily walk with You. In Jesus' name, amen.

## Ice Breaker

What's something you've done recently where you had to "just send it" - take a leap of faith or make a decision without overthinking it?

## Key Verses

1. Mark 6:7-13
2. Romans 3:23
3. Matthew 28:18-20
4. Exodus 12:11

## Questions

1. The pastor mentioned research showing that people over 95 had three main regrets. Which of these three resonates most with you and why?
2. Jesus sent his disciples out in pairs. Who are the godly friends in your life that help you go further in your faith journey than you would alone?
3. What does it mean to "travel light" in your spiritual journey? Is there anything God might be asking you to let go of that's slowing you down?

4. The sermon mentioned that "the enemy wants us distracted, discouraged, in depravity, divided." How have you experienced this in your own life?
5. Jesus told his disciples not to "bounce" from house to house. In what areas of your life might God be calling you to stay committed rather than constantly looking for an upgrade?
6. How do you typically respond when people reject your faith or values? Do you "dust off" and move on, or do you tend to carry the offense?
7. The pastor shared his personal "send it" story about moving to Nashville. Can you share a time when God clearly directed you to take a step of faith?
8. What might God be calling you to "send" in your life right now that requires courage and obedience?

## Life Application

This week, identify one area where God might be calling you to "send it" - to step out in faith rather than hesitate. It could be sharing your faith with someone, serving in a new capacity, making a commitment you've been putting off, or letting go of something that's holding you back. Write down what's holding you back from taking this step, pray about it daily, and take one concrete action toward obedience before your group meets again. Remember to pair up with someone who can encourage you and hold you accountable in this step of faith.

## Key Takeaways

1. God is intentionally preparing you for what He has prepared for you - there are no shortcuts in God's process.
2. We go further in our faith journey when we pair up with godly friends who encourage us rather than trying to follow Jesus alone.
3. Traveling light spiritually means decluttering our lives from things that slow us down so we can move quickly when God calls.
4. The greatest miracle is when someone puts their faith in Jesus - moving from death to life, darkness to light, and hopelessness to hope.
5. Obedience to God's calling, even when it doesn't make logical sense, leads to a life without regrets.

## Ending Prayer

Lord Jesus, thank You for the example You set in sending Your disciples with clear instructions and Your authority. We're grateful that You continue to send Your people today, including each of us. Give us the courage to "send it" when You call - to step out in faith rather than remain in comfortable hesitation. Help us to pair up with godly friends who will encourage us, to travel light by letting go of what holds us back, to stay committed where You've placed us, and to dust off rejection rather than carrying offense. May we live lives without regret, investing in what matters eternally and taking holy risks for Your kingdom. Use us to make a difference that outlasts our time on earth. In Your powerful name we pray, amen.